

Press Release: FOR IMMEDIATE RELEASE

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MIDLAND PARK INFLUENZA VACCINATION PROGRAM 2010

The Midland Park Board of Health will be holding its annual Flu Vaccination Program on Monday, October 18, 2010 from 6:00pm to 7:30pm at the Christian Reformed Church, 183 Godwin Avenue, Midland Park. Individuals must be 18 years and older to receive a flu vaccination.

As in past years, it will be necessary for those who have Medicare Part B to bring their Medicare Part B card to the Flu Vaccine Program in order to receive the vaccination. The Midland Park Health Department, through a contract with Northwest Bergen Regional Health Commission, will directly bill Medicare. For those that are 65 or over and do not have Medicare Part B, the influenza vaccine should be given by their regular health care provider. Medicare HMO's will not be accepted. A \$25.00 fee will be charged to those who do not have Medicare Part B.

Annual vaccination against the flu is recommended this year by the Centers for Disease Control for anyone over the age of 6 months who want to reduce the risk of becoming ill with flu or transmitting it to others. Seasonal flu is an easily transmittable respiratory disease. Each year 5 to 20 percent of the U.S. population gets the flu. More than 200,000 people are hospitalized from flu complications, including 20,000 children and 36,000 people die every year. The most effective strategy for preventing influenza is annual vaccination.

This year's vaccine will protect you from the H1N1 strain of the flu in addition to two other seasonal strains of the virus that will also be circulating in our area. For more information about the Flu Program, please call Northwest Bergen Regional Health Commission at 201-445-7217.

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