



**Check Out Our New and Improved Website!**

At

**[www.westbergen.org](http://www.westbergen.org)**,

you will find all there is to know about West Bergen,  
our programs, events, workshops and presentations.

There is *always* something going on!

Look to see what's happening in *your* community!

[Home](#)[About us](#)[Services](#)[News & Events](#)[Make a Difference](#)[Contact us](#)**About Us:**

West Bergen Mental Healthcare was founded as a child guidance clinic in 1963. Over the years, the Center has expanded to provide comprehensive mental health services in over a dozen specialties.

Serving over 3,000 children, adults and seniors annually, West Bergen is committed to meeting the psychological needs of our clients with sensitivity and responsive, innovative services at the highest possible standard. We strive to improve the quality of life in the communities we serve, one life at a time.

Utilizing a team approach, West Bergen's specially trained group of licensed mental health professionals work together to deliver the most effective treatment approach for each individual. Treatment goals include management of symptoms, improving relationships and developing better life adjustment and coping skills. Our goal is to provide research-based effective treatment that will help you feel better and improve the quality of your life.

**Leadership Team**

Michael Tozzoli, LCSW  
 Lee Schaeffer, MA  
 Linda Houlis  
 Amarjot Narula, MD  
 Carl Meier, MBA  
 Karen Acker  
 Philip Wilson, LCSW

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 Chief Operating Officer  
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